

THE SPORTS DRINK MIX. REINVENTED.

AMPED™ HYDRATE is the essential sports drink powder to power you through a workout.

WHY DO YOU NEED HYDRATE?



HYDRATION

Hydrate is a great way to replenish fluids and electrolytes without any artificial colours, flavours or sweeteners.

PERFORMANCE

Hydrate optimises hydration to help athletes to perform at peak levels.



WHAT IS HYDRATE?

Hydrate helps sustain performance and supports hydration and faster recovery. Enriched with vitamins C and B-complex, this refreshing, natural sports drink mix keeps you naturally hydrated and replenishes nutrients and electrolytes that can be lost during exercise.

RECOVERY

The body loses vitamins, electrolytes and water during exercise. Proper hydration is extremely important to recovery when exercise is intense or long.



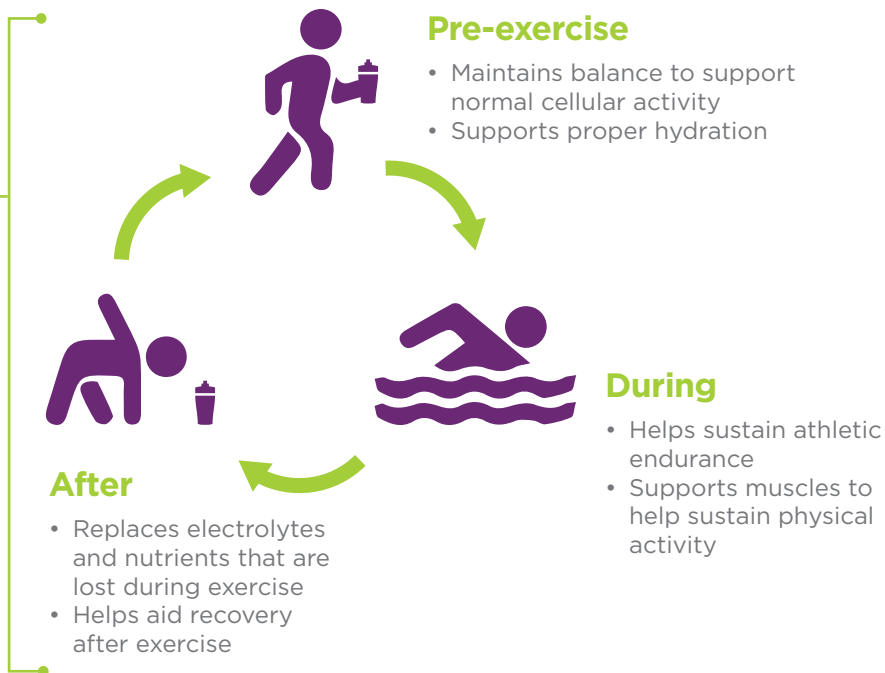
HOW HYDRATE WORKS:

When mixed with water, Hydrate can be enjoyed **before, during and after** activity.

Replenish every day with Hydrate. Approved for Cleanse Days.

Per 10 g (½ stick) serving: 146.5 kJ, 9 g carb; 110 mg sodium

Available in 24-count Sticks (48 servings)



New and Improved Flavours:



Lemon Lime
• Sticks



Juicy Orange
• Sticks

For more information,
please contact your Isagenix
Independent Associate: